



**Revitalise**

Respite holidays for disabled people and carers

**Annual Review 2017-18**



## A message from our Chair Holidays matter - to everyone.

Our staff and volunteers have worked with great imagination and commitment to provide thousands of respite breaks for disabled people and carers, filled with new experiences, renewed relationships, laughter and rest.

During the year we have been working with partners to develop a proposal to create a fully accessible spa hotel in the West Midlands. If we are successful in securing the funding needed, we will begin work and make it Revitalise's fourth centre.

Lots of celebrities have been sharing some of their most treasured holiday memories in support of our 'Wish You Were Here' campaign. Dame Emma Thompson DBE and Sir Ian McKellen CH CBE, to name just a few, have joined our Vice President Dame Judi Dench CH DBE in raising awareness of how essential being able to take a break is for us all.

We were grateful to our Vice President Arthur Smith, who fronted our appeal in August 2017 on BBC Radio 4. He told the story of Mavis and Colin who have been married for 57 years. The couple married young, but Mavis developed MS and became a wheelchair user. Colin gave up work to care for her. However, fifteen years ago, Colin developed dementia and Mavis is now Colin's carer. Revitalise funded and provided a break at a time when both of them were in desperate need of support.

My thanks to all of our guests, volunteers, staff and supporters, who share their stories and gifts and in so doing make Revitalise a magical part of so many lives.

**Mindy Sawhney,  
Chairman**



## A message from our Chief Executive 2017 was another busy year for Revitalise.

We provided a total of 4,399 breaks to disabled people and carers and, looking forward, the need for respite breaks is even greater.

We are pleased to be able to announce that, despite challenging conditions, we achieved a surplus of £215,000, a decrease from last year but higher than we achieved in 2015-16. We continue to invest our modest surpluses in improving the experience for guests.

At Revitalise we know that a respite break may not always be affordable, especially as disabled people face a significant squeeze to their income. In 2017 almost £1.2 million of

donated funds was used to subsidise the cost of breaks for our guests.

Revitalise is extremely grateful for the support it receives from the many Trusts, individuals and companies that support our guests to get the break they desperately need. In addition, this year we were incredibly fortunate to receive a transformational gift from the Estate of Lady Sandys of Ombersley in Worcestershire.

**Chris Simmonds,  
Chief Executive**

# really making a difference

“ It’s reassuring to speak to other carers and know you are not alone. Believe me, stay there once and you will be hooked. ”



“ There is an overall feeling of warmth and as soon as you arrive you feel as if you are amongst friends ”



were provided for **disabled people and carers** in 2017-18



**3,251**  
**Volunteer weeks**  
were donated by our **residential volunteers** in 2017-18



**benefitted** from **92** volunteers working to raise funds to **support our activities**



## Combatting hardship

Our fundraising enabled us to provide additional assistance totalling

**£620,000**

to those facing particular financial hardship, or those who have experienced unexpected changes in their circumstances such as cuts in funding.

# Looking ahead to 2018



## A year of anniversaries!

In 2018, Revitalise centres Jubilee Lodge and Sandpipers celebrated their 40th and 30th birthdays respectively.

Both marked the occasion with parties, attended by Revitalise guests, staff, volunteers and our dedicated and generous supporters, without whom none of this would be possible.

## Britain's Got Talent comes to Revitalise

Revitalise was delighted to welcome Britain's Got Talent winner Lee Ridley aka the Lost Voice Guy to all three of our centres, where he gave superb performances for guests, volunteers and staff, following his fantastic triumph on the show.



## CQC rates care support as 'Good'

The Care Quality Commission, the independent regulator of health and social care in England, has rated the care provided at all three Revitalise holiday centres as 'Good'. The result was confirmed following a recent inspection of Netley Waterside House, which noted that "guests were cared for by staff who were kind and caring and were treated with dignity and respect."

## Our financial performance in 2017-18

### Sources of revenue and use of expenditure 2017-18

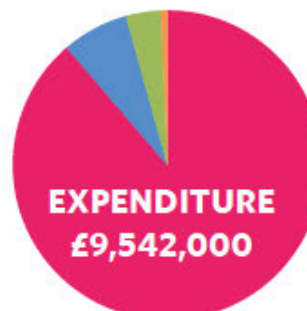
#### Income:

Charitable activities	£6,785,000
Other trading activities	£869,000
Donations & legacies	£1,954,000
Other income	£74,000



#### Expenditure:

Charitable activities	£8,466,000
Other trading activities	£664,000
Raising funds	£348,000
Business development	£64,000



# Imagine never having a break

## Sharing Stories and Gifts

### Natalie's story

For Natalie, her Revitalise break was her first break without her mum, who is also her carer.

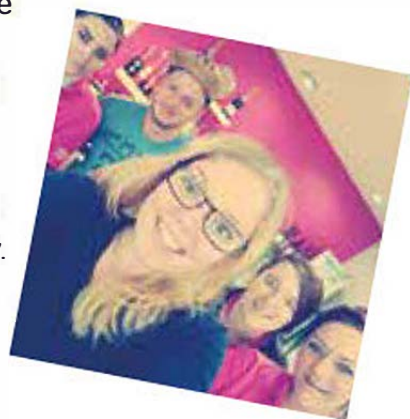
“ I needed to come away on a Revitalise break to start a new journey in my life. It was a massive act of trust and also acceptance and I wanted my mum to have a well deserved break too.

Within a few days at Jubilee Lodge it all just felt right. It was an amazing break. I laughed a lot during my holiday and found really useful life tips from other guests; I've also made a lot of friends. ”



### Roeline's story

Roeline first came to volunteer at Revitalise as part of an internship whilst studying health and social care at university.



“ The smiles on the guests' faces made me think to myself every day "I love my job". Through volunteering, you can really feel that you're making a difference to someone's life, even though it's just for a week or two. Working at Revitalise was the most amazing experience of my life. ”

### David's story

David and Rhoda have been married for 53 years. Since 2015, Rhoda has been living with Alzheimer's and David is her full-time carer.



“ Our stay at Revitalise was a great relief. The carers and volunteers did a splendid job. They left me in no doubt that they could cope with any situation and took a load of concentrated responsibility off my shoulders, not to mention to have someone to chat to over the breakfast table! Going back home and coping was that much easier, knowing that it would be possible to have holidays again. ”



## Our Centres

### JUBILEE LODGE

Chigwell, Essex

Located in leafy Epping Forest, the perfect base from which to explore the world-class attractions of London and the South Coast.



### NETLEY WATERSIDE HOUSE

Southampton

Situated on the serene South Coast, with beautiful landscaped gardens sweeping down to Southampton Water.



### SANDPIPERS

Southport

Our seaside centre, from where you can experience the wonders of the North West, from Blackpool to the epic Lake District.

Revitalise is proud to work in partnership with:



# Revitalise



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