

The Revitalise logo is a pink rectangle with a pattern of white circles of varying sizes. The word "Revitalise" is written in a white, cursive font across the center.

Revitalise

A scenic view of Jubilee Pier extending into the sea under a blue sky with scattered white clouds. The pier is a long wooden structure with a railing, and a small building is visible at its end. The water is calm and blue.

*Relaxing stays at Jubilee Lodge*  
with Revitalise



Revitalise in partnership with Stonewater

## About Revitalise

*We're the people who create revitalising breaks for disabled people and their carers. We are proud to have been providing fun-filled holidays to thousands for nearly 60 years. Our breaks are a vital lifeline for people with conditions including MS, cerebral palsy, stroke, Parkinson's and more.*

Our Revitalise holiday centres offer full-board hospitality coupled with 24-hour on-call care, as well as plenty of entertainment and an opportunity to meet like-minded and friendly people.

So, leave your worries behind, and enjoy the change of scene at Jubilee Lodge.

Jubilee Lodge opened its doors to guests again in April 2022, having supported local NHS hospitals through the Covid-19 pandemic. Located on the edge of Epping Forest, Jubilee Lodge is just a stone's throw away from the myriad attractions of London and the pretty towns and seaside resorts of the South East. Enjoy a warm welcome, fantastic in-house entertainment and delicious food.

**Great holidays make great memories.**





# Introducing Revitalise, Jubilee Lodge

We provide respite holidays for disabled people and carers aged 18 or over. Carers can have a break with us too, but they do not have to. They are more than welcome to come along with the person they care for and have a proper holiday too, while we take over the care.

## Our location

Chigwell was mentioned in the Domesday Book. Today, it remains a quiet town despite being part of the metropolitan area of London. Charles Dickens described Chigwell as 'the greatest place in the world... such a delicious old inn opposite the churchyard... such beautiful forest scenery.'

## Epping Forest

Epping Forest covers just over 6,000 acres and is home to 55,000 ancient trees, more than any other single site in the country. Some are centuries old and may have been growing there since Anglo-Saxon times, representing some of the oldest living plants in Europe, irreplaceable and rare.

Explore open grasslands, majestic oak, beech and hornbeam woodlands. Many of the forest paths are accessible to wheelchair users.

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# Jubilee Lodge

## Chigwell

Tucked away in a woodland area of Chigwell, Jubilee Lodge offers peace and tranquillity. Most of our rooms have been newly refurbished. Spend your break chatting with other guests over dinner, perhaps a game or two, or enjoy having your hair done at our in-house salon. In the evening, the atmosphere changes – we open the bar and the inhouse entertainment begins. Our lively volunteers make sure that the fun never stops.



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## Facilities

- › En-suite accessible shower room
- › Call system
- › Television
- › Airflow mattress\*†
- › Profiling beds
- › Overhead and manual hoists
- › Tea and coffee making facilities

## Amenities

- › Licensed bar & entertainment area
- › Restaurant
- › Tea/ Coffee area
- › Internet access and WiFi
- › Courtyard garden
- › Laundry\*†

*\*Available by prior arrangement only, †Supplements apply.*





## Life at Jubilee Lodge

*Keeping busy, it's what we do best!*

We're working hard to offer excursions† again, and plan to launch our new programme in Autumn 2022. Our in-house entertainment includes live acts, karaoke nights and quizzes in the evening and anything from arts & crafts to exercise classes during the day.

We have themed weeks running throughout the year with a variety of activities and excursions on offer.

For younger guests we have dedicated youth weeks, and for those with Alzheimer's or dementia there are our special 'Treasured Moments' weeks, an opportunity for couples to reconnect whilst we take over the day-to-day care.

*†Supplements apply.*



# Coronavirus

*how we're keeping  
our guests safe*

## Stay Safe



We are working within government guidance to provide safe and enjoyable respite breaks. The Covid 19 pandemic has been a very difficult time for all and your health and safety is always our number one priority.

Our staff are equipped with full PPE and continue to have twice weekly lateral flow testing twice weekly prior to their shift starting to reduce risks within the centre.

Our guests receive a lateral flow test on the day of arrival and again, 2 days later to maintain the safety of all. Should a guest test positive, they can be fully isolated within the centre if needed.

We do recommend mask wearing in confined, crowded spaces and continuing social distancing where possible.

## Zero Isolation



We're thrilled that our breaks no longer have an isolation period at the centre. We're now asking you, our guests, to isolate at home for seven days leading up to your break which means your relaxing stay can begin straight away.

# Care at our Centres

**With nearly 60 years' experience providing expert care, we can cater for almost every type of disability or impairment.**

We understand that everybody's care needs are different, so when you make a booking, we ask a series of questions to get an overview of your medical conditions and establish which Care Support Package suits you. Before your break, our

nurses will phone to go through pre-assessment questions, identifying your exact needs and addressing any concerns. In most cases, carers and accompanying adults do not require a care support package, but please let our assessment team know if this is required. We offer 24 hour on-call nursing and personal care, with fully qualified staff available on request all day, every day - so you can simply relax and enjoy a worry-free break.

## Our Care Support Packages

### Care Support Package 1

No specific care needs, but the reassurance of knowing our Care Team is on hand should you need them.

### Care Support Package 2

Package 1 reassurance, plus personal care support.

*Not sure which level applies to you?*

Please feel free to get in touch and we will be more than happy to help with any questions you may have.

### Care Support Package 3

Including Package 1 & 2, plus:

- › Support with a hoist
- › Moving assistance
- › Wound care
- › PEG management
- › Stoma management
- › Catheter
- › Other clinical procedures



## What our guests say...

*"A very good holiday. We did lots of activities... lovely food. The volunteers were excellent and they could not do more for me."*

**AA, June 2022**

*"The general decoration of Jubilee Lodge is very good and very wheelchair friendly, as a user of this facility for some years I still think your website pictures do not do the site justice. I have several more weeks booked this year and look forward to using the new rooms."*

**Andrew, June 2022**

*"My brother had the most wonderful time at Revitalise Jubilee Lodge, the team and staff go that extra mile to look after disabled people. My brother left a new happy person and will miss all the staff and the day trips. He will be back for sure."*

**SG, December 2019**

*"I really enjoyed the chance to meet different people and going out on different trips. I like the chance to be sociable and doing different experiences. I like being able to party and do things, like having my hair and makeup done, which I do not get a chance to do."*

**Catherine, September 2019**







*We're looking forward to welcoming you to Jubilee Lodge...*

Contact Gareth and Tracey at **Stonewater** for more details  
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